

Aligning Electronic Health Record Use With Quality Improvement Goals

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The concept of quality improvement (QI) is discussed frequently among members of the healthcare community. We generally understand that to improve patient outcomes, we must improve the delivery of care.

Yet, when juggling implementation of new evidence-based practices, adoption of new technologies, and healthcare reform, it is easy for "quality improvement" to become just a phrase rather than a daily conscious focus for healthcare providers.

This article brings the issue of QI back into focus by examining ways in which you can use an electronic health record (EHR) system to support positive change in your healthcare practice.

Using an Electronic Health Record System to Facilitate Quality Improvement

A well-defined QI process involves identifying opportunities for improvement, designing and conducting an audit, implementing a corrective action plan, and evaluating for continued progress.

Because EHR systems collect a wealth of data, they can be a valuable tool in the QI process. However, the challenge is understanding how to aggregate and analyze the data, evaluate the results, and then develop strategies and initiatives to improve the delivery of care and generate better patient outcomes.

The following sections of this article discuss some specific ways that your healthcare practice can meet this challenge and use its EHR system to facilitate QI initiatives.

High-Risk Situations

Identifying situations that create high risk for your healthcare practice should be the starting point when considering how EHR data can help you develop QI goals. A few common high-risk situations are discussed below.

Test Result Tracking

Failure to address all test results is a frequent underlying cause of the top allegation in medical malpractice claims — failure to diagnose. Having a well-articulated procedure for tracking patients' lab, radiology, and other test results can help mitigate this risk.

Many EHR systems can assist in automating test tracking, improving both timeliness and completeness of the function. For example, evaluate your EHR system to make sure you can generate data showing (a) all tests that have been ordered, (b) all test results that have been received and reviewed by the ordering healthcare provider, and (c) all test results that have been communicated to patients.

You may also find it helpful to have your system generate a daily task list that flags certain situations that could lead to risk exposure. Circumstances that

Helpful Tip

Make sure providers and staff in your practice are consistently using the EHR system to track test results. The automated functions built into the system should not be circumvented. For example, do not use a paper tickler system as a workaround.

should be flagged include (a) tests ordered but no results received, (b) test results received but not viewed by the ordering provider, and (c) test results viewed by the ordering provider but not communicated to the patient.

Routinely running reports to identify overlooked test results is critical, even if test results are included on your daily task list. These reports can assist in your practice's efforts to ensure no test results go missing or unnoticed.

Drug Interaction and Allergy Alerts

Many EHR systems are capable of alerting providers about potentially dangerous drug interactions and allergies. These alerts can sometimes be overwhelming; however, when

implemented as part of a well-designed system, they can protect patients and help prevent prescribing errors. Work with your EHR vendor to (a) ensure your practice is realizing the full potential of the system's alert functions, and (b) tailor the alerts to meet the specific needs of your practice and patient population.

Also, it is imperative to realize that drug and allergy alerts work only if current data are available for the system to analyze. Thus, remind the providers in your practice to review patients' allergies at each office visit and update the system during each patient encounter.

Cancelled/Missed Appointments

For both patient safety and liability reasons, healthcare practices need thorough processes for identifying, addressing, documenting, and following up on cancelled/missed appointments — especially in regard to nonadherent or difficult patients.

Although patients share in the responsibility for their care — and ultimately need to make the effort to keep appointments — a well-documented follow-up call or letter from the practice can (a) remind and encourage the patient to make a visit, which may ultimately affect the patient's outcome, and (b) establish the practice's commitment to ensuring the patient receives necessary care.

Your practice can use its EHR system to document cancelled/missed appointments and better manage these patients. For example, your practice might use its system to generate a daily report showing all appointments for the previous day that were cancelled/missed. This information will help pinpoint and streamline follow-up communication and tracking.

Further, with thorough data input, the system can generate reports showing whether follow-up has occurred, how quickly it occurred, and the outcome of the follow-up. This information provides evidence of the practice's efforts on behalf of the patient.

Audits

The situations described previously — test tracking, drug interactions and allergies, and cancelled/missed appointments — are examples of common risk areas you may want to consider including in your practice's QI efforts.

Once you have selected specific areas for improvement, you will need to design and conduct an audit. An audit is a way of measuring outcomes (performance metrics) against expectations that have been defined in office policies, procedures, standards, or guidelines.

When selecting measures to include in your audit, make sure that your office staff has a working knowledge of the data elements and definitions associated with your EHR system. Providing the team with a list of these elements and definitions when discussing possible measures is helpful.

Information regarding evidence-based standards specific to the patient population you serve and your practice's involvement in mandatory and/or voluntary quality data reporting initiatives also is relevant to the audit that you design. At minimum, the audit process that you implement should include the following for each measure selected:

- **Definition:** Create a clear statement of the metric that will be measured. For example "Communication of all tests results to patients."
- Goal: Develop a broad statement describing the intended result. For example "This
 office will communicate the results of all tests to patients within an appropriate timeframe
 based on the results and the patient's condition."
- Target: Establish a target outcome so the practice can determine the significance of the results. Consider best practices, benchmarking data, and evidence-based treatment when setting targets. For example "Ninety percent of all test results will be communicated to patients within an appropriate timeframe set by office policy, and 100 percent of all critical test results will be communicated to patients within a timeframe established by applicable professional guidelines. Communication of results will be documented in each patient's chart with a revised treatment plan, if appropriate."
- Methodology: Describe the method you will use to obtain data. For example "Run EHR system reports to identify all test results that have been received but are still pending follow-up with patients."
- Frequency: Explain how often you will measure the metric. For metrics that have an
 immediate impact on patient safety, consider more frequent measurements, such as daily
 or weekly.

- Corrective actions: Describe what you will do to improve the results if your target is not
 met. Will you implement a new workflow process, reallocate resources, or take another
 action?
- Monitoring: Describe how you will monitor any changes over time. Will you continue to measure the metric for a year or longer? How often will you perform spot checks to ensure continued improvement or consistent results?

MedPro's guideline Using an Electronic Health Record System as a Quality Improvement Tool in Your Healthcare Practice and checklist Using an Electronic Health Record System to Support Quality Improvement contain additional details and guidance about the audit process and a list of questions that you can use to evaluate and strengthen your practice's processes.

In Summary

Delivery of healthcare in a safe and efficient manner is the goal of all healthcare providers. Being mindful of opportunities for improvement and willing to invest time and energy to address those opportunities can be a challenge. However, a well-designed EHR system is an excellent tool for risk mitigation, quality checking, and long-term QI monitoring. The activities of aggregating and analyzing data, as well as taking action based on the findings, are critical to delivering quality patient care, preventing errors, and minimizing risk within your healthcare practice. In the long run, efforts to identify and address gaps in quality and develop corrective plans can help improve patient outcomes, increase patient satisfaction, and potentially reduce your liability exposure.

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