

## **Behavioral Health in Senior Care**

## **Aging Care**

Understanding Mental Health Issues in Seniors

#### **Alzheimer's Association**

- 10 Early Signs and Symptoms of Alzheimer's
- Stages and Behaviors

### **American Psychological Association**

- Blueprint for Change: Achieving Integrated Health Care for an Aging Population
- Depression and Suicide in Older Adults
- Elder Abuse: How to Spot Warning Signs, Get Help, and Report Mistreatment
- Older Adults: Health and Age-Related Changes
- Older Adults & Insomnia Resource Guide
- Psychological Services in Long-Term Care: Resource Guide
- Psychotherapy & Older Adults Resource Guide

#### **Centers for Disease Control and Prevention**

- Depression Is Not a Normal Part of Growing Older
- Mental Health and Aging in America

## **Current Psychiatry**

Psychiatric Consultations in Long-Term Care: An Evidence-Based Practical Guide

## **Issues in Mental Health Nursing**

Mental Illness Training for Licensed Staff in Long-Term Care

### **Managed Healthcare Executive**

Addressing the Mental Health Needs of Seniors With a Value-Based Care Team Approach

### McKnight's Long-Term Care News

- A Psychologist's View of Best-Practice Dementia Care
- Alcohol and Medicine Abuse Among Seniors
- Just the Facts? No Way. Managing Agitation and Behaviors in Dementia
- Reducing the Overuse of Antipsychotic Medication: A Person-Centered Care Approach
- Seven Strategies for Treating Psychiatric Patients in SNFs
- Why Technology Not Medication Is the Future of Treating Older Adults With Depression

### **MedPro Group**

 The Human Factor: Person-Centered Care Strategies for Senior Care Residents Who Have Dementia

## **National Coalition on Mental Health and Aging**

Resources

## **National Council on Aging**

- Behavioral Health Programs for Older Adults
- Can Hearing Loss Affect Mental Health in Older Adults?
- Helping Mental Health Professionals Treat Older Adults
- How to Improve Access to Mental Health and Substance Use Care for Older Adults
- Supporting Older Adult Mental Health: What You Can Do
- The Mental Health Aspects of Parkinson's: How It's More Than a Movement Disease

#### **National Institute of Mental Health**

Older Adults and Mental Health

# **National Institute on Aging**

Depression and Older Adults

### **Senior Lifestyle**

40 Mental Health Resources for Seniors

## Seniorliving.org

Validation Therapy in Dementia Care

#### **Substance Abuse and Mental Health Services Administration**

- Get Connected: Linking Older Adults With Resources on Medication, Alcohol, and Mental Health—2019 Edition
- Good Mental Health Is Ageless (also available in Cambodian/Khmer and Spanish)
- Growing Older: Providing Integrated Care for An Aging Population
- Older Adults Living With Serious Mental Illness: The State of the Behavioral Health Workforce
- Promoting Emotional Health and Preventing Suicide: A Toolkit for Senior Living Communities (SPARK Kit)
- SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach
- Treatment of Depression in Older Adults Evidence-Based Practices (EBP) KIT

#### **U.S. National Library of Medicine**

Older Adult Mental Health

### **Validation Training Institute**

What Is Validation?

# **World Health Organization**

Mental Health of Older Adults

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